P3 (continued)

fruits and vegetables. Following four-weeks of testing, students present their recipe to a taste panel of community volunteers who provide anonymous online feedback. Select recipes are further evaluated in the community by Family and Consumer Science Extension professionals. To date, 61 recipes have been fully developed as professional printed recipe cards with two million cards distributed throughout Kentucky.

Evaluation: To assess student attitudes towards the SL project, students were invited to complete an anonymous survey at the end of the Spring 2014 and Fall 2014 semesters. On a 7-point scale (7=exceptionally interested), student interest in the PIUKP SL project increased significantly during the course of the semester (beginning: 4.1 ± 1.7 end: 5.2 ± 1.4).

Conclusions and Implications: Student feedback supports the value of real-life applications through SL activities in enhancing student knowledge and interest in nutrition interventions to promote community health and wellness.

Funding: USDA, Kentucky Department of Agriculture.

P4 SNAP Challenge Assignment: Preparing Students for Working With Low-Income Populations

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Objective: To provide dietetics students with experiential opportunities to better understand the reality of challenges facing limited resource populations and to subsequently develop appropriate nutrition programming based on the Social Ecological Model. In alignment with the average weekly Supplemental Nutrition Assistance Program (SNAP) issuance, students completed the "SNAP Challenge" by attempting to follow the Dietary Guidelines for Americans for one full week on a budget of only \$32.

Target Audience: Senior-level dietetics students.

Theory, Prior Research, Rationale: This assignment was designed as a transformative learning opportunity encouraging students to experience food shopping, meal planning, and preparation from the perspective of economically-disadvantaged individuals.

Description: Students were enrolled in Community Nutrition. The learning objectives of the course illustrate the overarching goal to apply nutrition and physical activity principles to current nutrition and physical activity programs, while investigating the political and legislative processes affecting the practice of dietetics.

Evaluation: Students submitted a food cost log, food group and calorie reports and nutrient reports during the SNAP Challenge located at the MyPlate SuperTracker. Students also wrote reflective responses to prompts on their ability to complete the assignment and designing an intervention or program using the Social Ecological Model as a framework to serve SNAP-eligible individuals based on their experiences.

Conclusions and Implications: The SNAP Challenge was successful in helping students elucidate potential

barriers to healthy eating for low-income populations, develop strategies to overcome these barriers and encouraging students to set priorities for improving dietary quality in their target population.

Funding: None.

P5 Extension Educators Widen Reach Through Community-Focused Undergraduate Online Teaching

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Objective: This new online course, taught by extension nutrition educators, aims to increase undergraduate students' knowledge of community interventions that address obesity and related chronic diseases.

Target Audience: Juniors/Seniors enrolled at the State University.

Theory, Prior Research, Rationale: Historically, the educational domain of Extension Nutrition Educators has been community, not campus, settings, where they utilize practical experience in fostering behavior change to decrease the risk of chronic disease. A new opportunity provided a forum for experienced Extension Nutrition Educators to bring their technical knowledge and teaching/interpersonal skills in the area of obesity and chronic disease prevention to undergraduate students for the first time. Often, universities and their surrounding communities co-exist but remain divided. Teaching online undergraduate courses has allowed Extension faculty to connect students to the larger community, helping to narrow that divide.

Description: An online Junior/Senior colloquium course was created by Extension Educators with nutrition and public health expertise. The course focuses on understanding the causes, assessment, and treatment of obesity and related chronic diseases, as well as an opportunity to explore first hand community programs which target obesity prevention and management. The course is part of a new Extension-sponsored minor in Community Health Outreach which includes a practicum that pairs students with county-based Extension Nutrition Educators for real-world experience in nutrition education and health promotion.

Evaluation: After 3 semesters, and a total of 75 enrolled students, university course evaluations have indicated favorable reviews.

Conclusions and Implications: Extension Nutrition Educators can broaden their reach and engage and benefit new audiences through application of their knowledge and skills in undergraduate online teaching.

Funding: None.

P6 Blogs: Promoting Education Through Entertainment

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