

Journal of  
**Nutrition Education  
and Behavior**  
*Advancing Research, Practice & Policy*

Volume 55 • Number 1 • January 2023

*From SNEB and JNEB*

---

- 1 **Calling on all SNEB Members to Engage in the “International Year of the Millets 2023”**  
Serah Theuri, Sarah Burkhart
- 2 **Striving to Continue JNEB’s Legacy of Excellence**  
Lauren Haldeman

*Position Paper*

---

- 3 **Position of the Society for Nutrition Education and Behavior: Nutrition Educator Competencies for Promoting Healthy Individuals, Communities, and Food Systems: Rationale and Application**  
S. Ash, I. Contento, M. D. Olfert, P. A. Koch

*Research Articles*

---

- 16 **Fuel for Fun Process Evaluation Reveals Strong Implementation and Approval with Varied Parent Engagement**  
L. Cunningham-Sabo, B. Lohse, J. Clifford, A. Burg, C. Nigg
- 30 **Development of EFNEP and SNAP-Ed Core Competencies in the Land-Grant University System**  
S. S. Baker, L. Cunningham-Sabo, K. L. Franck, K. McGirr, J. Mullins
- 38 **Development of eHealth-Based Behavior Change Support for Young Adults Using the Nine Principles Framework**  
A. Worthington, N. Gillies, R. Roy, A. Braakhuis
- 48 **Go NAPSACC On-Demand Trainings for Early Care and Education Providers: Development and Dissemination**  
E. Clarke, F. T. Smith, E. A. Willis, M. Herr, D. S. Ward
- 55 **Using Educational Videos and Perspective-Taking to Communicate Gene-By-Environment Interaction Concepts about Eating Behavior: Effects on Empathy and Weight Stigma**  
A. J. Martingano, S. H. Telaak, E. M. Schopp, C. Fortney, A. P. Dolwick, S. Carnell, S. Batheja, S. Persky

*Research Brief*

---

- 68 **Effect of a Plant-based Intervention Among Black Individuals in the Deep South: A Pilot Study**  
S. R. Sterling, S.-A. Bowen

contents continued on next page

---


*Great Educational Materials (GEMs)*

---

- 77 **Engaging Preschoolers in Food Tasting and Movement Activities Using Mobile Applications**  
L. I. Reyes, S. L. Johnson, B. Chamberlin, L. L. Bellows

*New Resources for Nutrition Educators*

---

-  81 **Slow Cooked: An Unexpected Life in Food Politics**  
M. Nestle  
Reviewed by J. L. Wilkins



Podcast article online at [www.jneb.org](http://www.jneb.org)