

Journal of
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Advancing Research, Practice & Policy

**NEWS RELEASE
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**Journal of Nutrition Education and Behavior announces 2022 Best Article,
Research Brief, and GEM awards**

Philadelphia, September 1, 2022 – The [Journal of Nutrition Education and Behavior](#) (JNEB) is pleased to announce the 2022 Best Article, Best Research Brief, and Best Great Educational Material (GEM) awards. These awards were presented at the Society for Nutrition Education and Behavior's (SNEB) 2022 Annual Conference, *Re-engineering Nutrition Education and Behavior*, held July 29–31 in Atlanta, GA and hosted online. These annual awards recognize the authors of the outstanding articles in each category published in the prior year in JNEB, as judged by members of the Journal Committee and JNEB Board of Editors. Lead authors receive a monetary award and articles are recognized on the Journal [website](#). Additionally, the authors and articles will be featured in a journal club webinar series, “Best of JNEB,” starting September 26. Details and registration for the series are online at www.sneb.org/journalclub.

The Best Article Award was presented to authors Sheryl O. Hughes, PhD; Thomas G. Power, PhD; Ashley D. Beck, PhD; Drew Betz, MS; L. Suzanne Goodell, PhD, RD; Veronica Hopwood, PhD; J. Andrea Jaramillo, MA; Jane Lanigan, PhD; AnaMaria Diaz Martinez, Med; Nilda Micheli, BS, Yadira Olivera Guerrero, PhD; Irene Overath, MACEd; Louise Parker, PhD; Guadalupe Ramos, PhD; Yuri P. Thompson, MS; Maria A. Papaioannou, BS; Susan L. Johnson, PhD, for their article “[Twelve-Month Efficacy of an Obesity Prevention Program Targeting Hispanic Families With Preschoolers From Low-Income Backgrounds](#)” published in the August 2021 issue of JNEB.

Best Research Brief Award was presented to authors Jared T. McGuirt, PhD, MPH; Basheerah Enahora, MS, MBA, RDN, LDN; Omari L. Dyson, PhD; Gina L. Tripicchio, PhD, MS, MSED; Lauryn Mallard; Christopher K. Rhea, PhD, for their article “[Virtual Avatar Coaching with Community Context for Adult-Child Dyads with Low Income](#)” published in the March 2021 issue of JNEB. Research Briefs meet the qualifications of a research article but report results from a smaller sample size.

The Best GEM award was presented to authors Jennifer Shukaitis, MPH; Sara Elnakib, PhD, RD; Cara Cuite, PhD, for their paper “[GEM No. 606–Yumbox: A Tool to Improve the Quality of Preschoolers’](#)

[Packed Lunches](#),” published in the August 2021 issue of JNEB. GEMs are resources developed to educate on certain topics or distribute programs to help in the nutrition education field.

Notes for editors

The article “Twelve-Month Efficacy of an Obesity Prevention Program Targeting Hispanic Families With Preschoolers From Low-Income Backgrounds,” by Sheryl O. Hughes, PhD; Thomas G. Power, PhD; Ashley D. Beck, PhD; Drew Betz, MS; L. Suzanne Goodell, PhD, RD; Veronica Hopwood, PhD; J. Andrea Jaramillo, MA; Jane Lanigan, PhD; AnaMaria Diaz Martinez, Med; Nilda Micheli, BS, Yadira Olivera Guerrero, PhD; Irene Overath, MACEd; Louise Parker, PhD; Guadalupe Ramos, PhD; Yuri P. Thompson, MS; Maria A. Papaioannou, BS; Susan L. Johnson, PhD (<https://doi.org/10.1016/j.jneb.2021.04.460>) appears in the *Journal of Nutrition Education and Behavior*, volume 53, issue 8 (August 2021), published by Elsevier. The article is openly available at [www.jneb.org/article/S1499-4046\(21\)00587-X/fulltext](http://www.jneb.org/article/S1499-4046(21)00587-X/fulltext).

The research brief “Virtual Avatar Coaching with Community Context for Adult-Child Dyads with Low Income,” by Jared T. McGuirt, PhD, MPH; Basheerah Enahora, MS, MBA, RDN, LDN; Omari L. Dyson, PhD; Gina L. Tripicchio, PhD, MS, MEd; Lauryn Mallard; Christopher K. Rhea, PhD (<https://doi.org/10.1016/j.jneb.2020.12.004>) appears in the *Journal of Nutrition Education and Behavior*, volume 53, issue 3 (March 2021), published by Elsevier. The article is openly available at [www.jneb.org/article/S1499-4046\(20\)30754-5/fulltext](http://www.jneb.org/article/S1499-4046(20)30754-5/fulltext).

The article “GEM No. 606–Yumbox: A Tool to Improve the Quality of Preschoolers’ Packed Lunches,” by Jennifer Shukaitis, MPH; Sara Elnakib, PhD, RD; Cara Cuite, PhD (<https://doi.org/10.1016/j.jneb.2021.04.007>) appears in the *Journal of Nutrition Education and Behavior*, volume 53, issue 8 (August 2021) published by Elsevier. The article is openly available at [www.jneb.org/article/S1499-4046\(21\)00127-5/fulltext](http://www.jneb.org/article/S1499-4046(21)00127-5/fulltext).

Full text of the articles is also available to credentialed journalists upon request; contact Eileen Leahy at +1 732 238 3628 or jnebmmedia@elsevier.com to obtain a copy or to schedule an interview with the author(s).

About the Journal of Nutrition Education and Behavior (JNEB) *Advancing Research, Practice and Policy*

The *Journal of Nutrition Education and Behavior* (JNEB), the official journal of the Society for Nutrition Education and Behavior (SNEB), is a refereed, scientific periodical that serves as a resource for all professionals with interest in nutrition education and dietary/physical activity behaviors. The purpose of JNEB is to document and disseminate original research, emerging issues, and practices relevant to nutrition education and behavior worldwide and to promote healthy, sustainable food choices. It supports the Society's efforts to disseminate innovative nutrition education strategies, and communicate information on food, nutrition, and health issues to students, professionals, policymakers, targeted audiences, and the public.

The *Journal of Nutrition Education and Behavior* features articles that provide new insights and useful findings related to nutrition education research, practice, and policy. The content areas of JNEB reflect the diverse interests of health, nutrition, education, Cooperative Extension, and other professionals working in areas related to nutrition education and behavior. As the Society's official journal, JNEB also includes policy statements, issue perspectives, and member communications. www.jneb.org

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